

# Mini Adventures @ Deer Park

## Information for parents and carers



Mini Adventures are our exciting adventure days in the school holidays. They are designed to offer amazing adventures to our younger members, support parents who are seeking childcare during the holidays and help raise income for our county campsite to help ensure we can continue to provide a safe space for camps, holidays and adventures to our members for many years to come.

**Who is it for?:** Rainbows and Brownies

**Dates:** These vary, visit our [website](#) for the latest offering

**Times:** 9.30am until 4.30pm each day

**Cost:** £20 per girl, per day

When we are offering a range of dates, you can sign your child/ren up to one day or more than one day. Spaces are limited each day and are offered on a first come, first served basis. Girls need to sign up for the full day, we cannot accept late arrivals or early departures.

### What will the day consist of?

Girls will be in groups of up to 12, moving around the site and taking part in the activities together. Each group will be accompanied by 3 of our volunteers. At least one of these volunteers will be a fully qualified Girlguiding Leader and will be trained in safeguarding and first aid. These volunteers will guide the group of girls around the site and generally look after them throughout the day.

Each day will consist of 3 of the onsite activities, each for an hour session. Activities are either run by a qualified Deer Park instructor (where required to meet Girlguiding and the activity's governing body rules) or are led by our volunteers who have had all the training required to make the session fantastic for the girls.

In addition, the volunteers will run some extra games, singing and general fun when the girls are not at the main activities.

The activities on offer vary depending on instructor availability and to give our young members who wish to return a range of opportunities. Please visit the [website](#) for the latest offering.

We reserve the right to amend the activities on the day if circumstances beyond our control require this. For example, in extreme weather conditions where it would be unsafe to continue or if a qualified instructor is isolating and we are unable to provide an alternative.

## Timetable

The programme for the day will look like this:

9.30-10.00am	Girls arrive - Some simple games running for girls to join in with as they arrive
10.00am	Welcome from the Event Coordinator, briefing girls about the day, getting them into their groups and some 'getting to know you' activities
10.30am	Move to site activity 1
10.45am	Site Activity 1
11.45am	Return to base
12.00noon	All together for lunch Small tuck shop open and badges for sale
1.00pm	Move to site activity 2
1.15pm	Site Activity 2
2.15pm	Move to Activity 3
2.30pm	Site Activity 3
3.30pm	Return to base
3.45pm	Silly games to finish off led by volunteers
4.00-4.30pm	Girls depart

## Kit List

The Mini Adventures programme is an outdoor activity day. We will remain outside whatever the weather! We therefore need to make sure that the girls are prepared for this. Uniform is not required for the day. They should wear suitable clothes for the adventurous activities, that you don't mind them getting wet and/or muddy. They will also need a set of waterproofs (coat and trousers) and sturdy footwear such as walking boots. Wellies are not suitable for some of the activities.

- Girls need to wear:
  - Old clothes that can get wet/muddy (no jeans or strappy tops)
  - Sturdy footwear such as walking boots (no wellies)
  - Long hair tied back
- Girls should also bring in a day bag that they can carry with them:
  - Waterproofs (coat and trousers) - or wear if wet!
  - Food and drink (see below)
  - Sun cream and sun hat (if the weather dictates)
  - Something waterproof to sit on that can be carried around with them
  - Pocket money for tuck shop (see below)

Please ensure all items are named.

## Food

You will need to send your child/ren with a packed lunch and plastic drinks bottle. There are water taps around the Centre for topping up and our volunteers will encourage girls to drink often. We would encourage you to also pack a light snack for mid-afternoon. If these are packed separately to the lunch food then this is easier for the girls to manage on the day.

We will run the site shop during the lunch hour which consists of a tuck shop, pocket money toys and badges. Please send your child/ren with small change, not £5 notes, as we will have limited change available.

## Risk

The Covid Risk: If restrictions change such that this kind of activity is not permitted either by the government or by Girlguiding regulations then we will be able to offer a refund to everyone who signed up. However, if your Rainbow or Brownie is poorly on the day, is required to isolate or has any Covid-19 symptoms then they will not be able to attend and no refund will be given.

General risk assessment: If you would like to view the risk assessment for this event, it will be made available on the website at least one week prior to the event. The risk assessments for the activities are already available on the [Deer Park website](#).

## Book now!

If you would like to sign your child/ren up then please visit the county website via the links below. Each day is a separate item within the booking system but you can put more than one in your basket before checking out if you wish to attend more than one day. If you have more than one child attending, please add a separate item to your basket for each child. Please ensure you include all details we may need to know to look after your child/ren, eg allergies, medical conditions, etc. Please include these even if you have been before as we do not keep data from one holiday to the next.

In line with Guiding regulations, all children attending will need a completed Consent Form. This gives your emergency contact details for the day and your permission for them to join in with the activities. This form can be found on the [website](#) and should be completed and emailed to [annea@girlguidingglos.org.uk](mailto:annea@girlguidingglos.org.uk) as soon as possible after booking.

When you place your booking, you will need the name of the unit your child attends as well as their Girlguiding membership number. If you do not know this number, please ask your Leader who will be able to access it for you or log into the [GO database](#) as a parent/carer where you will be able to view it.

Link to general event information: <https://www.deerparkcowley.com/mini-adventures.html>

Link to booking: <https://www.girlguidingglos.org.uk/event-bookings.html>

Bookings are non-refundable and non-transferable.

## Childcare Vouchers

Although these days can be used to provide you with childcare for your young member(s) during the school holidays, we regret that we cannot accept any form of childcare vouchers.

If you have any questions, please get in touch.

Event Coordinator: Anne Anderson  
[anne@girlguidingglos.org.uk](mailto:anne@girlguidingglos.org.uk)